DSM-5 Criteria: Opioid Use Disorder

**Worksheet for DSM-5 criteria for diagnosis of Opioid Use Disorder**

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| **Diagnostic Criteria**  (Opioid Use Disorder requires at least 2 criteria be met within a 12 month period) | **Meets criteria?**  Yes OR No | **Notes/Supporting information** |
| 1. Opioids are often taken in larger amounts or over a longer period of time than intended. |  |  |
| 2. There is a persistent desire or unsuccessful efforts to cut down or control opioid use. |  |  |
| 3. A great deal of time is spent in activities necessary to obtain the opioid, use the opioid, or recover from its effects. |  |  |
| 4. Craving, or a strong desire to use opioids. |  |  |
| 5. Recurrent opioid use resulting in failure to fulfill major role obligations at work, school or home. |  |  |
| 6. Continued opioid use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of opioids. |  |  |
| 7. Important social, occupational or recreational activities are given up or reduced because of opioid use. |  |  |
| 8. Recurrent opioid use in situations in which it is physically hazardous |  |  |
| 9. Continued use despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by opioids. |  |  |
| 10. \*Tolerance, as defined by either of the following: (a) a need for markedly increased amounts of opioids to achieve intoxication or desired effect (b) markedly diminished effect with continued use of the same amount of an opioid |  |  |
| 11. \*Withdrawal, as manifested by either of the following:  (a) the characteristic opioid withdrawal syndrome (b) the same (or a closely related) substance are taken to relieve or avoid withdrawal symptoms |  |  |

\*This criterion is not considered to be met for those individuals taking opioids solely under appropriate medical supervision.

**Severity:** Mild: 2-3 symptoms, Moderate: 4-5 symptoms. Severe: 6 or more symptoms.

Criteria from American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition.* Washington, DC, American Psychiatric Association page 541.